

“Give me  
a Mandy  
Mum!”



**Kim McCosker**  
*Co-founder of 4 Ingredients*

# AUSSIE MANDY-SICLES

**SERVES 6**

## INGREDIENTS

- 1 cup Aussie Mandarin juice
- 1 pkt orange jelly crystals
- ½ cup boiling water

## METHOD

Combine jelly crystals and boiling water in a heat proof bowl and stir until crystals are dissolved. Add Aussie Mandarin juice and stir. Pour into 6 ice block moulds and freeze for approximately 4 hours.



**Aussie Mandarins**